



Affix Patient Label

Patient Name:

Date of Birth:

Informed Consent: Panniculectomy

This information is given to you so that you can make an informed decision about having a **Panniculectomy**.

Reason and Purpose of the Procedure

Panniculectomy is a surgical procedure to remove excess skin and fatty tissue from the lower belly. This is not a treatment for being overweight.

Benefits of this surgery or procedure:

You might receive the following benefits. Your doctor cannot promise you will receive any of these benefits. Only you can decide if the benefits are worth the risk.

- **Removal of excess skin**
- **Improvement of hygiene in the lower belly area**

Risks of this procedure:

No procedure is completely risk free. Some risks are well known. There may be risks not included in the list that your doctor cannot expect.

General Risks of surgery or procedure:

- **Small areas of the lungs may collapse.** This would increase the risk of infection. This may need antibiotics and breathing treatments.
- **Blood clots may form** in the legs, with pain and swelling. These are called DVTs or deep vein thrombosis. Rarely, part of the clot may break off and go to the lungs. This can be fatal.
- **A strain on the heart or a stroke** may occur.
- **Bleeding may occur.** You may need a transfusion.
- Reaction to the anesthetic may occur. The most common reactions are nausea and vomiting. In rare cases, death may occur. The anesthesiologist will discuss this with you. This procedure is done under a general anesthesia.

Risks of this surgery or procedure

- **Infection.** Antibiotics may be needed.
- **Decreased skin sensation in lower belly.** This may not change.
- **Delayed Healing.** This may need more dressing changes or more surgery.
- **Fluid buildup between the skin and the abdominal wall.** This may need draining.
- **Change in the position of the navel (belly button).**
- **Chronic pain from nerves being trapped in scar tissue.** More surgery or treatment may be needed.
- **Uneven spots in the skin.** More surgery or treatment may be needed.

Risks associated with smoking:

Smoking is linked to an increased risk of infections. It can also lead to heart and lung complications, clot formation, skin loss, or wound healing delays.

Risks associated with obesity:

Obesity is linked to an increased risk of infections. It can also lead to heart and lung complications and blood clot formation.

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Risks specific to you:

Alternative Treatments:

Other choices:

- Do nothing. You can decide not to have the procedure.

General Information:

During this procedure, the doctor may need to perform more or different procedures than I agreed to.

During the procedure the doctor may need to do more tests or treatments.

Tissues or organs taken from the body may be tested. They may be kept for research or teaching. I agree the hospital may discard these in a proper way.

Students, technical sales people and other staff may be present during the procedure. My doctor will supervise them.

Pictures and videos may be done during the procedure. These may be added to my medical record. These may be published for teaching purposes. My identity will be protected.

